

Dermacure of Valencia

Post Restylane, Perlane, Juvederm, and Voluma Injection Instructions

Thank you for choosing Dermacure for your treatment. Please review the following information carefully to achieve the optimum results from your treatment and the most comfortable recovery. Please contact us at 661-257-8400 if you have any concerns or questions.

Following your treatment, you may experience some redness and swelling of the treated area. This will normally last less than 7 days. Cold compresses may be used immediately after the treatment to reduce swelling. It is normal for swelling to happen. Especially around the lip area and eye area. Swelling can last 1-7 days. If after 7 days there is still swelling contact us.

It is normal for the skin to feel hard in the areas of injection. Especially, as the product is settling into the skin which can take 2-3 weeks. We ask that you do not try to massage or move the product yourself. Please call to stop by and let Dr. Ingber take a look if you have any concern about an area.

It is not common but one possible side effect is **bruising**. It can range from a small purple spot to a large bruise. You can purchase an over the counter gel called Arnica that can be applied multiple times a day. It can help break the bruise up. Healing time varies from patient to patient.

Avoid touching the treated area within 6 hours following the treatment. After that, the area can be gently washed.

Avoid sunbathing and cold outdoor activities until the redness and swelling disappear. If you do need to be outside, always wear sunscreen.

Avoid exercise and alcohol for 6 hours following treatment.

Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Please ask Dr. Ingber about what recommendations he feels would benefit you best.