

Dermacure of Valencia
661-257-8400

Pre and Post Laser Hair Removal Instructions

The following instructions will help you achieve the best results from your laser hair removal treatment. Please take a moment to review this information and go over any questions and/or concerns you may have with your consultant.

Please reveal any medical conditions that may be of significance to the laser procedure- such as pregnancy, cold sore and fever blister tendencies, diabetes, history of coagulopathies or take anticoagulants, history of skin keloids, or if you are on any medications, such as Accutane, hormone replacement therapy, or use Retin-A.

Please shave the area to be treated 24-48 hours prior to the treatment, long enough for “stubble” to be visible. We need to be able to see some hair growth from the follicle to perform an effective treatment.

Do not tweeze or wax the area to be treated at least 2 weeks prior to your FIRST laser treatment. Do not tweeze or wax throughout the duration of your laser hair removal procedures. Tweezing or waxing stimulates the root to rejuvenate and re-growth to take place.

Do not use self-tanning lotions and/or tanning booths 2 weeks prior to your laser treatment. Do not sunbathe 2 weeks prior to your appointment. Any patient arriving with a tan or sunburn may be rescheduled due to the sensitivity of the procedure to altered skin color and for the sake of the safety to your skin.

Please be advised that you may expect a certain degree of discomfort, redness and/or irritation during and after the laser treatment. If any discomfort and/or irritation persist please notify the office. If a blister appears after your treatment, **DO NOT** pick the blister. Apply antibiotic ointment (i.e. Neosporin) to the site.

A majority of clients require 5 treatments- depending on the size of the area being treated and the amount and type of hair being removed. All hairs are not in the same growth phase; only hairs in the anagen phase will allow the hair follicle to be destroyed.

Please note the hair will not fall out immediately, but will likely do so within 10-14 days from the last treatment.

Each client is unique and individual, therefore, the actual time your hair grows varies from patient to patient. Result will vary from patient to patient. This is not permanent hair removal but hair reduction.

It is recommended that the next scheduled treatment should be set for 6-8 weeks apart for areas on the body and 4 weeks apart for facial/neck areas.