

## **Pre and Post FotoFacial™ (Limelight) Instructions**

The following instructions will help you achieve the best results from your FotoFacial™ treatment. Please take a moment to review this information and go over any questions and/or concerns you may have with the physician/nurse.

**Please note that permanent hair removal may be a side effect and take this into consideration if you are planning on growing a goatee or beard.**

Please reveal any medical conditions that may be of significance to the laser procedure- such as pregnancy, cold sore and fever blister tendencies, any type of allergy, recent facial peels or surgery, all current medications including Accutane, tetracycline, hormone replacement therapy or use of Retin-A.

Do not use self tanning lotions or tanning booths at least one week prior to your laser treatment. Do not sunbathe one week prior to your appointment. After you begin the treatments, you should refrain from all tanning/sunbathing to reduce any complications. **(Any patient arriving with a tan or sunburn may be rescheduled due to sensitivity of the procedure to altered skin color and for the sake of your own safety.)**

Do not wax area 1 week before and 1 week after your laser treatment.

Please be advised that you may expect a certain degree of discomfort, redness, and/or irritation during and after treatment. If any discomfort or irritation persists, please notify the office.

You may experience mild swelling for 1 to 3 days after treatment. Apply an icepack to the irritated area for 1 to 2 days, in approximately 15 minute intervals, 3 to 4 times per day.

Redness, similar to a slight sunburn, for 2 to 3 days is a common side effect. You may apply hydrocortisone cream to reduce the redness. Makeup can be applied soon after treatment.

Brown spots and/or freckles may turn darker and flake or crumble off during and after your treatment. **It may get worse before it gets better. Please be patient.**

Ask one of our staff members to recommend products to use for post treatment. It is important to keep your skin hydrated and adopt the use of sun block of at least 30 spf into your daily regimen, as well as covering up by wearing a hat when outdoors.

After treatment, wash your face or other treated areas with lukewarm water and a gentle cleanser. **(Do not use products that contain glycolic acid, AHA's or Vit-C for 1 week before & after treatment)**

As a rare side effect, a blister or scar may occur. If so, gently wash the area: use an antibiotic ointment such as Bacitracin, twice daily

It is recommended to have a minimum of 5 treatments, each treatment being 3-4 weeks apart for a maximum benefit.

It is recommended that you follow up after your last FotoFacial™ treatment has been completed.

If any other questions or concerns arise please contact the office at 661-257-8400.